

For Immediate Release

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Somnologix, LTD dba 4 Better Sleep in Dallas reaches 15-year accreditation milestone

DALLAS, TX - July 1, 2024 - Somnologix, LTD dba 4 Better Sleep in Dallas has maintained accreditation from the American Academy of Sleep Medicine for 15 consecutive years, demonstrating its commitment to the provision of high-quality care for people who have sleep problems.

“The American Academy of Sleep Medicine congratulates Somnologix, LTD dba 4 Better Sleep on meeting the rigorous standards required to maintain accreditation for sleep services,” said AASM President Dr. Eric J. Olson. “AASM accreditation is the gold standard for sleep care, giving patients confidence and peace of mind when they seek help for a sleep disorder.”

AASM-accredited sleep centers provide diagnostic and therapeutic care for people who have problems related to sleep and alertness. Sleep disorders include obstructive sleep apnea, chronic insomnia, restless legs syndrome, and narcolepsy.

To receive and maintain accreditation for a five-year period, a sleep center must meet or exceed all standards for professional health care as designated by the AASM. These standards address core areas such as personnel, facility and equipment, policies and procedures, data acquisition, patient care, and quality assurance. Additionally, the sleep center’s goals must be clearly stated and include plans for positively affecting the quality of medical care in the community it serves.

The AASM accredited a sleep disorders center for the first time in 1977. Today there are more than 2,300 AASM-accredited sleep centers across the country.

Somnologix, LTD dba 4 Better Sleep is directed by Paul T. Moore, MD, FAASM, and is located at 8722 Greenville Ave STE 102 , Dallas, TX 75243.

The AASM is a medical society for physicians, researchers, and other health care professionals in the field of sleep medicine. As the national accrediting body for sleep disorders centers, the AASM advances sleep care and enhances sleep health to improve lives.

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